



**President**  
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**VP Public Relations**  
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Tatiana Kurochkina

**Treasurer**  
Rahim Saatov

**Upcoming meeting:**  
December, 23rd  
We meet every  
alternate Wednesday  
From 19:30 to 21:15

Visit our website  
[www.toastbusters.ru](http://www.toastbusters.ru)

Toastmasters International  
[www.toastmasters.org](http://www.toastmasters.org)  
Moscow Area  
[www.toastmasters.ru](http://www.toastmasters.ru)

## TOASTBUSTERS Club (part of Moscow Area)

### 93-rd meeting, December 9th, 2015

**19:30 President Calls Meeting to Order**

Welcome Guests  
Toastmaster of the day

Olga Dubovitskaya, CC  
Olga Bazhenova

**19:40 Toastmaster Introduces the**

Joke Master  
Grammarians/Word master  
Ah-Counter  
Timer

Anastasia Prisyazhnaya  
Yuri Mischenko  
Victor Maevsky  
Valeriy Leletko

**19:50 Toastmaster Introduces Speakers**

Speaker 1  
Speaker 2  
Speaker 3  
Speaker 4

Adil Tashenov  
Jason Corcoran  
Mikhail Pokutny  
Andrey Kosilov, CC

**20:20 Table Topics**

**20:40 Toastmaster Introduces General Evaluator**

General Evaluator calls for reports:  
Personal Evaluator 1  
Personal Evaluator 2  
Personal Evaluator 3  
Personal Evaluator 4

Yulia Gainulina  
Daria Elistratova

Tatiana Kurochkina  
Taisia Filippova  
Alla Arlan  
Max Silin, CC, ALB

Grammarians, Ah-Counter, Timer reports  
General Evaluation of the meeting by GE

**21:10 President Makes Closing Remarks and Meeting Adjourns**

PROJECT DETAILS	
<p>1. Adil Tashenov <b>Project #1 from CC manual: "Ice Breaker"</b> <i>Title: "Success doesn't Come to you - Go and Take it!!!"</i> <i>Time: 4 – 6 min</i></p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• To begin speaking before an audience;</li> <li>• To discover speaking skills you already have and skills that need some attention.</li> </ul>
<p>2. Jason Corcoran <b>Project #5 from CC manual: "Your Body Speaks".</b> <i>Title: "Phobia Schmobia"</i> <i>Time: 5 – 7 min</i></p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Use stance, movement, gestures, facial expressions and eye contact to express your message and achieve your speech's purpose;</li> <li>• Make your body language smooth and natural.</li> </ul>
<p>3. Mikhail Pokutny <b>Project #6 from CC manual: "Vocal Variety"</b> <i>Title: "It's a Fish"</i> <i>Time: 5 – 7 min</i></p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Use voice volume, pitch, rate and quality to reflect and add meaning and interest to your message;</li> <li>• Use pauses to enhance your message;</li> <li>• Use vocal variety smoothly and naturally.</li> </ul>
<p>4. Andrey Kosilov, CC <b>Project #1 from the manual "Speeches by Management"</b> <i>Title: "The New Year: Gestalt Approach."</i> <i>Time: 8 min (including 3 min for questions)</i></p>	<p><b>Objectives:</b></p> <p>TBA</p>



**The mission of a Toastmaster Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.**