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Rahim Saatov

**VP Public Relations**  
Yana Litvinova, CL

**Secretary**  
Tatiana Kurochkina

**Treasurer**  
Rahim Saatov

**Upcoming meeting:**  
January, 13th  
We meet every  
alternate Wednesday  
From 19:30 to 21:15

Visit our website  
[www.toastbusters.ru](http://www.toastbusters.ru)

Toastmasters International  
[www.toastmasters.org](http://www.toastmasters.org)  
Moscow Area  
[www.toastmasters.ru](http://www.toastmasters.ru)

## TOASTBUSTERS Club (part of Moscow Area)

### 94-th meeting, December 23rd, 2015

**19:30 President Calls Meeting to Order**

Welcome Guests	Yana Litvinova, CL
Toastmaster of the day	Mikhail Pokutny

**19:40 Toastmaster Introduces the**

Joke Master	Adil Tashenov
Grammarians/Word master	Olga Bazhenova
Ah-Counter	Yuri Mischenko
Timer	Alexander Lukianchuk

**19:50 Toastmaster Introduces Speakers**

Speaker 1	Nickolay Denisenko
Speaker 2	Alla Arlan
Speaker 3	Max Silin, CC, ALB

**20:20 Table Topics**

**20:40 Toastmaster Introduces General Evaluator**

General Evaluator calls for reports:	Tatiana Kurochkina
Personal Evaluator 1	Kristina Sharykina
Personal Evaluator 2	Dmitry Smirnov
Personal Evaluator 3	Margarita Ryndina, ACS, ALB
	Yana Litvinova, CL

Grammarians, Ah-Counter, Timer reports  
General Evaluation of the meeting by GE

**21:10 President Makes Closing Remarks and Meeting Adjourns**

PROJECT DETAILS	
<p>1. Nickolay Denisenko</p> <p><b>Project #5 from CC manual: "Your Body Speaks"</b></p> <p><i>Title: "Quality of Information"</i></p> <p><i>Time: 5 – 7 min</i></p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Use stance, movement, gestures, facial expressions and eye contact to express your message and achieve your speech's purpose</li> <li>Make your body language smooth and natural</li> </ul>
<p>2. Alla Arlan</p> <p><b>Project #8 from CC manual: "Get Comfortable with Visual Aids"</b></p> <p><i>Title: "All I Want for Christmas"</i></p> <p><i>Time: 5 – 7 min</i></p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Select visual aids that are appropriate for your message and the audience</li> <li>Use visual aids correctly with ease and confidence</li> </ul>
<p>3. Maxim Silin, CC, ALB</p> <p><b>Project #3 from the AC manual: "Defusing verbal criticism"</b></p> <p><i>Title: "Don't Let your Critics Unwind."</i></p> <p><i>Time: 10-14min</i></p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Respond non-defensively to verbal criticism</li> <li>Employ a five-step method to identify the problem, defuse the attack, and arrive at a solution</li> </ul>

**The mission of a Toastmaster Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.**