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Olga Dubovitskaya, CC



**Upcoming meeting:** August 24  
We meet every Wednesday  
on alternate weeks  
From 19:30 to 21:15

Visit our website  
[www.toastbusters.ru](http://www.toastbusters.ru)

Toastmasters International  
[www.toastmasters.org](http://www.toastmasters.org)  
Moscow Area  
[www.toastmasters.ru](http://www.toastmasters.ru)

## TOASTBUSTERS Club (part of Moscow Area)

### 110th meeting, August 10, 2016

#### 19:30 President Calls Meeting to Order

Welcome Guests  
Toastmaster of the day

Alla Arlan  
Sergey Saprykin, CC

#### 19:40 Toastmaster Introduces the

Joke Master  
Grammarians/Word master  
Ah-Counter  
Timer

Mike Gordeev  
Mr. Voropaev  
Victoria Petrova  
Andrei Zheleznyak

#### 19:50 Toastmaster Introduces Speakers

Speaker 1  
Speaker 2  
Speaker 3

Alexandra Yakubovich  
Alina Akhmetzyanova  
Max Silin, CC, ALS

#### 20:20 Table Topics

#### 20:40 Toastmaster Introduces General Evaluator

General Evaluator calls for reports:  
Personal Evaluator 1  
Personal Evaluator 2  
Personal Evaluator 3

Nikolay Denisenko  
Mikhail Pokutny

Alla Arlan  
Denis Shevchuk, ACB, ALB  
Valeria Kholodkova, ACS, ALS

Grammarians, Ah-Counter, Timer reports  
General Evaluation of the meeting by GE

#### 21:10 President Makes Closing Remarks and Meeting Adjourns

### PROJECT DETAILS

1. Alexandra Yakubovich  
**Project #4 from CC manual: "How to say it"**

*Title: "Think about your phone"*  
*Time: 5 –7 min*

#### Objectives:

- Select the right words and sentence structure to communicate your ideas clearly, accurately and vividly
- Use rhetorical devices to enhance and emphasize ideas
- Eliminate jargon and unnecessary words. Use correct grammar

2. Alina Akhmetzyanova  
**Project #5 from CC manual: "Your Body Speaks"**

*Title: "There is nothing you can't do"*  
*Time: 5 - 7 min*

#### Objectives:

- Use stance, movement, gestures, facial expressions and eye contact to express your message and achieve your speech's purpose
- Make your body language smooth and natural

3. Max Silin, CC, ALS  
**Project #5 from the Technical Presentation manual:**  
[the 10th (last) project towards ACB]

*Title: "Behind the scenes: [www.toastmasters.ru](http://www.toastmasters.ru)"*  
*Time: 12 – 15 min*

#### Objectives:

- Understand the nature and process of a technical presentation supported with professional-level visual aids
- Arrange pre-meeting communications via email
- Find or create a post-meeting website for further dissemination of information supporting or enhancing your verbal presentation. You may create a web page and add it to your club's website, making use of podcasting, webcasting, or a basic Internet template
- Use a desktop computer, Microsoft Word, a Web browser, a simple graphics program for photos and other images, Microsoft PowerPoint, as well as a flip-chart

**The mission of a Toastmaster Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.**