



President
Olga Dubovitskaya, CC

VP Education
Maxim Luchinin

VP Membership
Rahim Saatov

VP Public Relations
Yana Litvinova, CL

Secretary
Tatiana Kurochkina

Treasurer
Rahim Saatov

Upcoming meeting:
September, 30th

We meet every
alternate Wednesday
From 19:30 to 21:15

Visit our website
www.toastbusters.ru

Toastmasters International
www.toastmasters.org
Moscow Area
www.toastmasters.ru

TOASTBUSTERS Club (part of Moscow Area)

87-th meeting, September 16th, 2015

19:30 President Calls Meeting to Order

Welcome Guests
Toastmaster of the day

Olga Dubovitskaya, CC
Pavel Kaptel

19:40 Toastmaster Introduces the

Joke Master
Grammarians/Word master
Ah-Counter
Timer

Daria Elistratova
Olga Bazhenova
Sviatoslav Kalanteyev
Maxim Luchinin

19:50 Toastmaster Introduces Speakers

Speaker 1
Speaker 2
Speaker 3

Mikhail Pokutny
Rahim Saatov
Nina Tsygankova, ACB

20:20 Table Topics

Tatyana Gladysheva

20:35 Presentation "Meet Moscow Area @ Toastbusters Moscow Club" – 7min

Valeria Kholodkova, ACB, ALS

20:40 Toastmaster Introduces General Evaluator

Ilya Nefedov, CC

General Evaluator calls for reports:

Personal Evaluator 1
Personal Evaluator 2
Personal Evaluator 3

Max Silin, CC, CL
Denis Shevchuk, ACB, ALB
Valeria Kholodkova, ACB, ALS

Grammarians, Ah-Counter, Timer reports
General Evaluation of the meeting by GE

21:10 President Makes Closing Remarks and Meeting Adjourns

PROJECT DETAILS

<p>1. Mikhail Pokutny Project #5 from CC manual: "Your Body Speaks" <i>Title: "Jazz the Origins"</i> <i>Time: 5 – 7 min</i></p>	<p>Objectives:</p> <ul style="list-style-type: none"> • Use stance, movement, gestures, facial expressions and eye contact to express your message and achieve your speech's purpose • Make your body language smooth and natural
<p>2. Rahim Saatov Project #6 from CC manual: "Vocal Variety" <i>Title: "Our Biases Affecting Others"</i> <i>Time: 5 – 7 min</i></p>	<p>Objectives:</p> <ul style="list-style-type: none"> • Use voice volume, pitch, rate and quality to reflect and add meaning and interest to your message • Use pauses to enhance your message • Use vocal variety smoothly and naturally
<p>3. Nina Tsygankova, ACB Project from: "The Better Speaker Series" <i>Title: "Beginning your Speech"</i> <i>Time: 10 – 15 min</i></p>	<p>Objectives:</p> <ul style="list-style-type: none"> • Emphasize how a speaker's opening words are critical; how speakers can win their audiences with their opening remarks • Provide criteria and techniques for speakers to apply and practice.

The mission of a Toastmaster Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.